CORESTM Hinchinbrook

COmmunity Response to Eliminating Suicide

Free One Day Suicide Intervention Course Saturday, 27th May, 2017



Imagine these faces to be family, friends, neighbours or work colleagues.

Can you pick which one is having troubling thoughts? Would you know?

If you did suspect something, could you deal with it?

Family and community members are increasingly coming under pressure, which may be related to emotional situations, finances, work, or it may be caused by a personal event that has devastating effects.

What happens if a person can't cope ... will someone be there for them?

This **free** ONE DAY TRAINING CORES COURSE will give you the skills and confidence to recognise then assess a person who may be at risk of self harm or suicide.

Venue Hinchinbrook Community Support Centre

71 Townsville Road, Ingham

Cost Free

Time 9am to 4pm

Contact Marilyn – 4776 1822 or

Email Marilyn - cores@hcsc.org.au

Booking is essential – R.S.V.P. – 20th May

Morning tea provided – <u>Please bring a packed lunch</u>

Simply participate in discussion if you so wish.

Nothing else is required of you.

People don't have to suffer, and we don't have to lose them!