

- ◆ Are you six years of age or older?
- ◆ Can you swim 25m unassisted?
- ◆ Would you like to have fun and make new friends?
- ◆ Improve your swimming skills and fitness?



HERBERT RIVER AMATEUR SWIMMING CLUB

Is having their first club night for 2019 on

Friday 8th of March 5.30pm

Come along and give it a go!

For further information, please contact our Club President

Kate Tento on 0429 887 084

**First 2 club
nights**

FREE!

